



## **CHILDREN EATING** **POLICY & PROCEDURE**

### **AIM**

At Stepping Stones Nursery it is our aim to provide a safe, caring and happy environment for the children. We ensure that the children are supervised at all times and never left unattended, whilst in high-chairs or sitting at the tables.

### **PROCEDURE**

#### **Unit 1 – Tiny Turtles**

Babies feeding on bottles are fed by a member of staff and never left with a bottle to feed themselves.

Children using highchairs are double reined and are either spoon fed or encouraged where appropriate to feed themselves (ie. small soft items they can pick up), all children are supervised, during snack and meal times.

#### **Unit 2 – Cute Caterpillars**

Children using highchairs are double reined and are either spoon fed or encouraged to feed themselves, using the appropriate spoons, all children are supervised during snack and meal times.

There is also the opportunity for children to eat at a small table. One member of staff supervises this table during snack and meal times.

#### **Unit 3 – Big Butterflies**

Children using highchairs are double reined and are either spoon fed or encouraged to feed themselves, using the appropriate spoons, all children are supervised at all times.

Children seated around the tables for lunch and snack times and are supervised by a minimum of one member of staff at each table at all times.

### **Recording of Information**

There is a record kept of what each child has eaten and this information is verbally given to the parents at the end of each day.

These details are either recorded in the child's personal books or kept on file for a minimum of one month.

**ALL STAFF ARE TRAINED TO BE OBSERVANT FOR A CHOKING CHILD AND ARE TRAINED TO DEAL WITH THIS, SHOULD IT ARISE.**